



LUNCH MENU

OCTOBER 2022

3
 Chicken Penne Alfredo
 Flatbread Cheese
 Pizza Box 🌱
 Chicken Sandwich

4
National Taco Day
 Beef Soft Tacos
 Turkey & Cheese Sub
 Grilled Cheese 🌱

5
Breakfast for Lunch
 Scrambled Eggs,
 Toast 🌱 & Sausage
 Buffalo Ranch Chicken
 Salad
 Popcorn Chicken & Roll

6
 Egg Fried Rice 🌱
 Popcorn Chicken
 Salad
 Hamburger or
 Cheeseburger

7
 Corn Dog
 Southwest Chicken
 Wrap
 Cheese 🌱 or Pepperoni
 Pizza 🍖

10
No School

11
 Ranch Chicken Club
 Flatbread 🍖
 Italian Pizza Salad 🍖
 Cheese Pizza Sticks 🌱

12
**LTO: Beef Tater
 Tot Nachos**
 SunButter & Jelly
 Sandwich 🌱
 Chicken Nuggets &
 Roll

13
**LTO: Beef Tater
 Tot Nachos**
 Baja Salad & Tortilla
 Chips 🌱
 Hamburger or
 Cheeseburger

14
 Hot Dog
 Ham & Cheese Sub 🍖
 Cheese 🌱 or Pepperoni
 Pizza 🍖

17
 Broccoli Cheddar
 Baked Potato 🌱
 Chicken Caesar Salad
 Chicken Sandwich

18
National Pasta Day
 Spaghetti Carbonara 🍖
 Turkey & Cheese Sub
 Mozzarella Cheese
 Dunker 🌱

19
 Chicken Fried Steak &
 Roll
 Flatbread Cheese
 Pizza Box 🌱
 Popcorn Chicken &
 Roll

20
 Cheese Quesadilla 🌱
 Popcorn Chicken
 Salad
 Hamburger or
 Cheeseburger

21
 BBQ Chicken
 Sandwich
 Honey Mustard
 Chicken Wrap
 Cheese 🌱 or Pepperoni
 Pizza 🍖

24
 Mac & Cheese 🌱
 Buffalo Ranch Chicken
 Salad
 Chicken Sandwich

25
 Orange Chicken &
 Rice
 Turkey & Cheese Sub
 Cheese Pizza Sticks 🌱

26
 Chicken Quesadilla
 SunButter & Jelly
 Sandwich 🌱
 Chicken Nuggets &
 Roll

27
 Grilled Cheese 🌱
 Cobb Salad 🍖
 Hamburger or
 Cheeseburger

28
 Fish Sticks & Roll
 Grilled Chicken Salad
 Cheese 🌱 or Pepperoni
 Pizza 🍖

31
Happy Halloween
 Cheesy Baked Penne 🌱
 Italian Pizza Salad 🍖
 Chicken Sandwich

31
 (Empty menu box)

31
 (Empty menu box)

31
 (Empty menu box)

31
 (Empty menu box)

Offered Daily: SunButter Sandwich 🌱

All meals offered with a choice of fruit and choice of milk (1% white and skim chocolate)

🌱 Denotes vegetarian item 🍖 Denotes pork item

***Menu subject to change**

STAY UP TO DATE

@LISDChildNutrition

LISD Child Nutrition

@LISDNutrition

LISD.nutrislice.com